

International AA & Al-Anon

Convention in Aarhus the 21st - 22nd of August, 2015



Kochs Skole - Skt. Johannes Allé 4, 8000 Aarhus C



*Julie, Stephen and Tony comes from England
to share their experiences with Al-Anon and AA*

Come and join us Friday and Saturday.

There will be various social events and fun throughout the day.

Start 18:00 Friday and Saturday 10:00.



PROGRAM. There will be approx 10 min. break between sessions

Friday	17:30	Doors open
	18:00	Welcome
	18:05	Foundation
	19:15	Alanon speak
	20:00	Speak Stephen D
	21:00	End of day one - serenity prayer
Saturday	09:30	Doors open
	10:00	Welcome
	10:05	Preamble (there is ONE COMMON solution)
	11:00	Powerlessness
	12:00	Dance lesson: The 5 rhythms. With instructor
	13:00	Lunch break
	14:00	Alanon: The solution
	15:00	The mechanics of 4th step
	15:45	Guided meditation
	16:30	Practising the steps
	17:30	Keep on keeping it simple
	18:45	Dinner
	20:00	Speak Tony
	21:00	Ending: Serenity prayer

Practical information

Breakfast and dinner Saturday: register and pay at the convention.

Dinner Saturday order before 14.00.

Breakfast: register Friday night before 20.00

During the convention, you can buy coffee, tea, soft drinks, cake and sandwiches

*Open to all fellowships, and
all who are interested in
AA's solution*

It's free to join.

Everything is in English

*Address:
Skt. Johannes Allé 4,
8000 Aarhus C*

www.aaca.dk

